

2019 PacificSource MyCare Plan Information

Thank you for your interest in applying for the PacificSource Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from PacificSource within 7 days of the application receipt.

Enrollment Packet – click links below to view the information

Plan Rating: [HMO](#)

[Apply Online](#)

Summary of Benefits: [MyCare 35](#) / [MyCare Rx 33](#) / [MyCare Rx 34](#) / [MyCare Rx 37 & 38](#)

[Provider Directory](#)

[Pharmacy Directory](#)

[Formulary](#)

Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15th to December 7th. This will give you a January 1st effective date for your new plan.

Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15th and December 7th. *If they are signed prior to October 15th they will be returned to you with a new application.* If they are received after December 7th, you will not be able to change plans until the next AEP for January of the following year.

Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC
PO Box 26540
Eugene, Oregon 97402

Fax: 1.541.284.2994 or 888.632.5470
Secure File Upload: [Click here](#)
Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: <https://medicare-washington.com>

Y0062_MULTIPLAN_CDA INSURANCE Washington 2019



Summary of Benefits 2019

MyCare Rx 34 (HMO)

Pierce County



Things to Know About PacificSource Medicare MyCare Rx 34 (HMO)



Who can join?

To join **PacificSource Medicare MyCare Rx 34 (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Washington: Pierce.

Which doctors, hospitals, and pharmacies can I use?

PacificSource Medicare MyCare Rx 34 (HMO) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. Exceptions are emergencies, urgent care, and out-of-area dialysis services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's **provider directory** on our website, www.Medicare.PacificSource.com/Search/Provider.

You can see our plan's **pharmacy directory** on our website, www.Medicare.PacificSource.com/Search/Pharmacy.

Or, call us and we will send you a copy of the provider and pharmacy directories.

What do we cover?

- **Our plan members get all of the benefits covered by Original Medicare.** For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- **Our plan members also get more than what is covered by Original Medicare.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs, such as chemotherapy and some drugs administered by your provider.

You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, www.Medicare.PacificSource.com/Search/Drug.

Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

The amount you pay depends on the drug's tier, the pharmacy, and which benefit stage you have reached. See your formulary to locate which tier your drug is on. See the Prescription Drug Benefits page of this document for more detail on the benefit stages: initial coverage, coverage gap, and catastrophic coverage.

Summary of Benefits: January 1, 2019–December 31, 2019



This is a summary of drug and medical services and costs covered by PacificSource Medicare for the MyCare Rx 34 (HMO) plan.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

If you want to compare our plans with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on www.Medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.Medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

MYCARE RX 34 (HMO)**You Pay****Monthly Premium**

You must continue to pay your Medicare Part B premium.

\$25

Medical Deductible

\$0

Pharmacy Deductible

For Tier 3, 4, and 5 drugs

\$200

Out-of-pocket Maximum

Yearly limit on your out-of-pocket costs for medical and hospital care with in-network providers.

\$6,600

Inpatient Hospital Care

Our plan covers an unlimited number of days for an inpatient hospital stay. Prior authorization is required, except in urgent or emergent situations.

\$395 per day for days 1–4
\$0 for days 5 and beyond

Outpatient Surgery**Ambulatory surgical center**

\$395

Outpatient hospital

\$395

Prior authorization is required for some services.

Doctor's Office Visits**Primary Care Physician (PCP)/Specialty**

Prior authorization may be required for surgery or treatment services.

PCP - **\$0**
Specialist - **\$35**

Preventive Care

For Medicare-approved preventive care. Examples include an annual physical exam, flu shots, and various cancer screenings.

\$0

Emergency Care

Waived if admitted to hospital within 72 hours

\$90

Urgently Needed Services

\$40

Diagnostic Radiology Services (such as MRIs and CT scans)

Prior authorization is required for advanced/complex, imaging such as: CT scan, MRI, PET scan, Nuclear Test.

CT Scan - **\$190**
MRI - **\$310**
PET Scan - **\$310**
Nuclear Test - **\$190**

Diagnostic Tests and Procedures

\$15

Lab Services

Prior authorization is required for genetic testing and analysis.

A1c and Prottime Testing - **\$0**
Genetic Testing - **20%**
All other Lab Services - **\$15**

Outpatient X-rays

\$15

Therapeutic Radiology Services

Prior authorization is required for some radiation services.

20%

MYCARE RX 34 (HMO)
You Pay
Hearing Services

Exam to diagnose and treat hearing and balance issues

\$35

Routine hearing exam (up to one per year)

\$45

TruHearing™ Flyte Hearing Aids

Flyte Advanced: Per aid, up to two per year

\$699

Flyte Premium: Per aid, up to two per year

\$999

Routine hearing exam and hearing aid co-payments do not count toward out-of-pocket maximum.

Dental Services

For Medicare-covered dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth).

\$35

Prior authorization is required for nonroutine dental care.

Vision Services

Medicare-covered eye exam to diagnose and treat glaucoma and diabetic retinopathy.

\$0

Routine eye exam, one every two years

\$35

Eyeglasses or contact lenses after cataract surgery
There is a limit to how much our plan will pay.

\$0

Reimbursement every 2 years for routine prescription eyeglasses or contact lenses.

\$200 reimbursement

Mental Health Care
Inpatient Services

Prior authorization is required for inpatient mental health care, except in an emergency.

\$395 per day for days 1–4

\$0 for days 5 and beyond

190-day lifetime limit for inpatient care not provided in a general hospital.

Outpatient Services

Per group or individual therapy visit

\$20

Skilled Nursing Facility (SNF)

Prior authorization is required. Limited up to 100 days per benefit period. No prior hospital stay is required.

\$0 per day for days 1–20

\$172 per day for days 21–100

Physical Therapy

Prior authorization is required for services beyond the Medicare therapy cap limits.

\$35

Ambulance

Per one-way transport. Prior authorization is required for nonemergency transportation.

\$300

Transportation

Not covered

Part B Drug Coverage

Prior authorization is required for some drugs.

20%

MYCARE RX 34 (HMO)**You Pay****Durable Medical Equipment (wheelchairs, oxygen, etc.)**

Prior authorization may be required for some durable medical equipment (DME).

20%**Foot Care (podiatry services)**

Foot exams and treatment if you have diabetic foot disease and/or meet certain conditions

\$35**Medicare-covered Chiropractic Care**

Spinal manipulation to correct a subluxation

\$20**Diabetes Supplies and Services**

Diabetes monitoring supplies, self-management training, and therapeutic shoes or inserts

\$0**Home Health Care****\$0****Hospice**

Hospice is covered outside of our plan. Please contact us for more details.

You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care.

Outpatient Substance Abuse

Group and individual therapy

\$35**Prosthetic Devices (braces, artificial limbs, etc.)**

Prior authorization may be required.

\$0 internally implanted
20% all other

Renal Dialysis**20%****Outpatient Rehabilitation**

Prior authorization is required for services beyond the Medicare therapy cap limits.

Cardiac rehab services**\$35**

Pulmonary rehab services, per visit

\$30

Occupational therapy, per visit

\$35

Speech and language therapy, per visit

\$35

Prescription Drug Benefits



MYCARE RX 34 (HMO)															
Stage 1															
Pharmacy Deductible	\$0 on Tiers 1, 2, and 6 \$200 on Tiers 3, 4, and 5														
Stage 2															
When the total drug costs ² are between \$0 and \$3,820 , you pay ¹ :															
Retail Pharmacy (30-day supply)*	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="background-color: #2c3e50; color: white;">Preferred Pharmacy</th> <th style="background-color: #2c3e50; color: white;">Standard Pharmacy</th> </tr> </thead> <tbody> <tr> <td style="background-color: #2c3e50; color: white;">Tier 1 Preferred Generic</td> <td style="background-color: #2c3e50; color: white;">\$3</td> </tr> <tr> <td style="background-color: #2c3e50; color: white;">Tier 2 Generic</td> <td style="background-color: #2c3e50; color: white;">\$12</td> </tr> <tr> <td style="background-color: #2c3e50; color: white;">Tier 3 Preferred Brand</td> <td style="background-color: #2c3e50; color: white;">\$37</td> </tr> <tr> <td style="background-color: #2c3e50; color: white;">Tier 4 Non-preferred</td> <td style="background-color: #2c3e50; color: white;">31%</td> </tr> <tr> <td style="background-color: #2c3e50; color: white;">Tier 5 Specialty Tier</td> <td style="background-color: #2c3e50; color: white;">29% (30-day supply only)</td> </tr> <tr> <td style="background-color: #2c3e50; color: white;">Tier 6 Select Care</td> <td style="background-color: #2c3e50; color: white;">\$0</td> </tr> </tbody> </table>	Preferred Pharmacy	Standard Pharmacy	Tier 1 Preferred Generic	\$3	Tier 2 Generic	\$12	Tier 3 Preferred Brand	\$37	Tier 4 Non-preferred	31%	Tier 5 Specialty Tier	29% (30-day supply only)	Tier 6 Select Care	\$0
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After total drug costs ² reach \$3,820 , you pay ¹ :															
Most Generic	37%														
Most Brand	25%														
All Drugs in Tier 6	All Tier 6 drugs have additional coverage during Stage Three (coverage gap). Your cost will not increase from Stage Two to Stage Three. See the list of covered drugs to determine which drugs are included.														
Stage 4															
After your out-of-pocket costs ³ reach \$5,100 , the maximum you pay ¹ until the end of the calendar year is:															
All Covered Drugs	Whichever is the larger amount: 5% of the cost OR \$3.40 for generic drugs \$8.50 all other drugs														



Save with Mail Order: Receive a 90-day supply for the same cost as a 60-day supply for medications in Tiers 1, 2, 3 & 6, through CVS Caremark. Shipping is free and auto-refills are available.

You may get your drugs at network retail pharmacies and mail order pharmacies. Cost-sharing may differ relative to the pharmacy's status as preferred or standard, mail-order, Long Term Care (LTC) or home infusion, and 30-, 60-, or 90-day supply.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

We do not cover prescription drugs purchased outside of the United States and its territories.

¹ If you're receiving Extra Help (low-income subsidy), your prescription drug deductible and co-pays may be lower.

² Total drug costs: what you and others on your behalf pay, and what PacificSource Medicare pays for your prescriptions.

³ Out-of-pocket costs: everything you and others have paid on your behalf during stages one, two, and three.

*A 60-day supply is available for 2 co-pays, and **a 90-day supply is available for 3 co-pays at retail prices.**

Additional Benefits



MYCARE RX 34 (HMO)

You Pay

Fitness Programs (Silver&Fit® Exercise and Healthy Aging Program)

Gym membership:	\$0/year
Home kits, up to two:	\$0/year

Alternative Care

Acupuncture, naturopathy, and non-Medicare covered chiropractic care	\$20 (up to \$450 combined benefit limit for these services per calendar year.)
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Over-the-counter Medications

Reimbursement per year for purchase of over-the-counter (OTC) aspirin, calcium, and calcium-vitamin D combinations.	\$100 reimbursement
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Office Visits for \$0 Co-pay

PCP office visits for new or existing conditions when included with an annual wellness visit or annual routine physical visit.	\$0 when received in conjunction with annual wellness or annual routine physical exam with primary care provider
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Dexa Scan

Bone density diagnostic screenings	\$0
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Colonoscopy Diagnostic Screenings

\$0

Chronic Care Management

PCP or Specialist visit focusing on complex chronic care management services	\$0
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Transitional Care Management

PCP or Specialist visit following discharge from an inpatient hospital setting	\$0
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Telemedicine

Access to U.S. board certified doctors 24 hours a day, 7 days a week, via phone or video. This service is available through MultiCare Virtual Care participating providers.	\$0
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Optional Benefits



You must pay an extra premium each month for these benefits.

MYCARE RX 34 (HMO)

You Pay

Preventive Dental

\$0 for the following:

- Two annual cleanings (one every six months)
- Two routine exams (one every six months)
- Bitewing x-rays (one set every six months)
- Full-mouth x-rays and/or panorex (one series every five calendar years)

Additional Monthly Premium

\$28 per month. This premium is in addition to your monthly plan premium of \$25.

Deductible

This package does not have a deductible.

Out-of-network Dental Services

We will cover 100% up to our maximum allowable charges for covered services. This maximum allowable is based on the 85th percentile of Usual, Customary, and Reasonable (UCR) charges. If your dentist is out of our network and the charges are more than the maximum allowable amount, you will have to pay for the excess charges.

Contact Us



Oct. 1 to Mar. 31: 7 days a week | 8 a.m. to 8 p.m. Local time

Apr. 1 to Sept. 30: Mon. to Fri. | 8 a.m. to 8 p.m. Local time

Toll-free: (888) 530-1428 | TTY: (800) 735-2900 | www.Medicare.PacificSource.com

This document is available in other formats, such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at (888) 863-3637. TTY users call (800) 735-2900.

PacificSource Community Health Plans is an HMO/PPO plan with a Medicare contract. Enrollment in PacificSource Medicare depends on contract renewal. This information is not a complete description of benefits. Call (888) 863-3637 or 711 for TTY users, for more information. Other pharmacies and providers are available in our network.